

# SUPPLEMENTARY HEALTH QUESTIONNAIRE

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Have there been any changes in your medical history since your last visit? Yes \_\_\_\_\_ No \_\_\_\_\_

Has anyone ever commented or told you that you snore? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how often: rarely \_\_\_\_\_ sometimes \_\_\_\_\_ often \_\_\_\_\_ most nights \_\_\_\_\_

Has anyone ever heard you stop breathing or choking at night? Yes \_\_\_\_\_ No \_\_\_\_\_

On an energy level, 10 being the most active and energetic. How would you rate yourself on most days?  
(Circle one) 1.....2.....3.....4.....5.....6.....7.....8.....9.....10

Have you been diagnosed with a sleep disorder? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, have you been prescribed CPAP therapy? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, do you wear your CPAP and how often?  
every night \_\_\_\_\_ most nights \_\_\_\_\_ couple nights per week \_\_\_\_\_ never \_\_\_\_\_

Do you experience headaches or migraines regularly? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how often: rarely \_\_\_\_\_ sometimes \_\_\_\_\_ often \_\_\_\_\_  
What medications to you take? \_\_\_\_\_

Do you knowingly grind your teeth at night or have been told by a dentist that you may be grinding?  
If yes, do you wear a night guard? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever had a problem with your TMJ /TMD jaw joint? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you happy with the appearance of your teeth? Yes \_\_\_\_\_ No \_\_\_\_\_  
If no, are you dissatisfied with: (circle all that apply)

|                |   |
|----------------|---|
| Color _____    | Looks of previous fillings / crowns _____ |
| Shape _____    | Condition / Level of gums _____           |
| Spacing _____  | Other _____                               |
| Crowding _____ |   |

Are you interested in knowing more about our home whitening system? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you noticed a bad taste/odor in your mouth on a frequent basis? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you regularly involved in sports? Yes \_\_\_\_\_ No \_\_\_\_\_  
List sports? \_\_\_\_\_

Would you like to know more about our custom athletic sports guards for you or a family member? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you interested in knowing about permanent tooth replacement?  
or implant tooth replacement? Yes \_\_\_\_\_ No \_\_\_\_\_